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The North & South Rivers Watershed Association's

# 26th Annual Great River Race

a fun event for a serious cause



CALLING ALL PADDLERS!  
2016 Great River Race  
information enclosed!

North and South Rivers  
Watershed Association, Inc.  
P.O. Box 43, Norwell, MA 02061  
[www.nsrwa.org](http://www.nsrwa.org)



**CALLING ALL PADDLERS!**  
*Join us for this fun event!*  
**Saturday, July 30, 2016**  
Registration • 7:30-8:45am  
Race Kickoff • 9:00am



**NSRWA**

# NSRWA's 26th Annual GREAT RIVER RACE

North and South Rivers Watershed Association, Inc.  
Norwell, MA • 781-659-8168 • www.nsrwa.org

## IMPORTANT RACE INFORMATION

All skill levels are invited to participate in the NSRWA's 26th Annual Great River Race – from novice to racer. Non-motorized vessels including canoes, kayaks and stand up paddle boards can participate in the race, piloted by people of all ages. (Participants 16 and under must be accompanied by an adult.) The race is fun, challenging and a great way for individuals or families to get out and enjoy the river! There is also the "Best Decorated Boat or Boater" division for the less serious, but creative paddler.

## START/FINISH

Registration begins at 7:30AM and ends at 8:45AM. The race begins at 9:00AM. If not pre-registered, please arrive by 7:45AM. The starting line is at the Bridge Street Canoe Launch in Norwell. The finish line is at the Washington Street Bridge (7.5 miles from the Launch). Take out is at the Hanover Canoe Launch.

## REGISTRATION

**All participants must have a signed waiver to participate in the race.**

Each registration includes the very collectible Great River Race T-shirt. Additional T-shirts will be available for purchase before and after the race. Online registration is now available on our website.

## COST

This year's Great River Race is \$55 for the first participant per craft. Each additional participant on the same craft is \$10. Each registration includes T-shirt and waiver fee. Day of race registration is \$60/\$15. See the categories below to determine in which category you will register. Make checks payable to NSRWA.

## RACE DIVISIONS

Race Divisions are as follows:

- Rowing (Sliding Seat Single)
- Rowing (Fixed Seat Double)
- Rowing (Fixed Seat Single)
- Stand Up Paddle Board
- Racing Kayak
- Kayak single (men)
- Kayak single (women)
- Kayak double (all);
- Canoe double (men)
- Canoe double (women)
- Canoe double (mixed: M/F)
- Canoe family  
*(at least 1 child under age 16)*
- Senior Division  
*(65+ Specify vessel type)*
- Best Decorated Boat

## TRANSPORTATION LOGISTICS

New this year - Transportation will be offered, free of charge, from the take out point to the racers' vehicles.

## AWARDS CELEBRATION

After the race, join us as the fun continues at McGreal's Tavern, 690 Main Street (entrance in rear, next to cemetery) in Norwell Center. The doors will open at 11am. Awards will be given in each category. There will be hamburgers and hot dogs - plus the bar's open early just for us!

## DIRECTIONS

### Starting Line - Bridge Street Canoe Launch in Norwell

From Route 3, exit 12: Follow Route 139 East to Mobil Gas Station. Turn left onto Union Street, and follow Union Street to the North River • From Route 3, Exit 13: Follow Route 53 North to Route 123. Follow Route 123 East through Norwell Center, turn right onto Bridge Street and follow to the North River.

### Take Out - Hanover Canoe Launch, at Indian Head Drive

From the Bridge Street Canoe Launch in Norwell, follow Bridge Street to Route 123. Turn left onto Route 123. Follow Route 123 for less than 1 mile. Bear left onto Dover Street, which leads onto River Street. Follow River Street through Hanover Four Corners to Route 53. Cross Route 53 onto Broadway. At the fork, bear left onto Elm Street. Follow Elm Street and take a left just before crossing stone bridge onto Indian Head Drive, then follow to end.

### To view the Finish Line - Washington Street Bridge

From the Bridge Street Canoe Launch in Norwell, follow Bridge Street to Route 123. Turn left onto Route 123. Follow Route 123 for less than 1 mile. Bear left onto Dover Street, which leads onto River Street. Follow River Street to Hanover Four Corners. Take a left onto Washington Street and follow to the North River.

### McGreal's Tavern Awards Celebration

From the Washington Street Bridge, follow Washington Street to Hanover Four Corners. Take a right onto River Street, and follow River Street toward Norwell Center. Bear right onto Dover Street, then take the next left onto West Street. McGreal's Tavern is on the right.

## REGISTRATION FORM

NSRWA's 26th Annual Great River Race • Saturday, July 30, 2016

### Participant Information

Race Division: \_\_\_\_\_

Name #1: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Name #2: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Name #3: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail \_\_\_\_\_

First Participant per craft \$55 ..... \$ \_\_\_\_\_

Additional Participants on the same craft \$10 each ..... \$ \_\_\_\_\_

**Total amount enclosed** ..... = \$ \_\_\_\_\_

*Make checks payable to: NSRWA, P.O. Box 43 Norwell, MA 02061*

NSRWA has insurance for this event through the ACA. Please be sure to check the "I would like an ACA Event Membership" box so that you may participate . . .



### AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM

All participants in ACA-insured activities must be ACA members in one of the following categories (choose one):

<input type="checkbox"/> I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/> )	<input type="checkbox"/> I would like a one-year ACA Paddle America Club Membership for: (check & circle one) Individual \$30   Family (2 adults + minors) \$40	<input type="checkbox"/> I would like a one-year ACA Membership for: (check & circle one) Individual \$40   Family (2 adults + minors) \$60
<input type="checkbox"/> I would like a one-year Senior (62+) or Student Membership for \$25 (under 18, or under 23 with copy of student ID)	<input type="checkbox"/> I would like an ACA Introductory Membership for \$15 (Six month membership with benefits, including a <i>Rapid Media</i> magazine)	<input type="checkbox"/> I would like an ACA Event membership, no member benefits)
As a new or renewing ACA member, my <i>Rapid Media</i> magazine choice is: <input type="checkbox"/> <i>Rapid</i> <input type="checkbox"/> <i>Kayak Angler</i> <input type="checkbox"/> <i>Digital</i> <input type="checkbox"/> <i>Adventure Kayak</i>		

### AMERICAN CANOE ASSOCIATION ADULT WAIVER & RELEASE OF LIABILITY READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of paddlesports and related activities and that I am qualified, in good health, in proper physical condition to participate in such activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.
2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name (print) \_\_\_\_\_ Date of Birth \_\_\_\_\_ ACA # (if any) \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_





Email \_\_\_\_\_ Phone \_\_\_\_\_

Date \_\_\_\_\_ Adult Signature \_\_\_\_\_

Name / Description of Activity or Event \_\_\_\_\_

Sponsoring Club / Organization \_\_\_\_\_ Activity Date \_\_\_\_\_



 <b>AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM</b> 	 <b>AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM</b> 
All minor participants in ACA-insured activities must be ACA members in one of the following categories (choose one):	
I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/> )	I would like a one-year Student Membership for \$25 (Under 18, or under 23 with copy of student ID) <input type="checkbox"/>
I would like an ACA Introductory Membership for \$15 (Six month membership with benefits, including a Rapid Media magazine) <input type="checkbox"/>	I would like an ACA Event Membership for \$5 (One activity membership, no member benefits) <input type="checkbox"/>
As a new or renewing ACA member, my Rapid Media magazine choice is:	
Canoeroots <input type="checkbox"/>	Kayak Angler <input type="checkbox"/>
Rapid <input type="checkbox"/>	Digital <input type="checkbox"/>
Adventure Kayak <input type="checkbox"/>	

**AMERICAN CANOE ASSOCIATION MINOR WAIVER & RELEASE OF LIABILITY  
READ BEFORE SIGNING**

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Paddlesports and related Activities and that I am qualified, in good health, in proper physical condition to participate in such Activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.
2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE; INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

**MINOR PARTICIPANT:** I, THE MINOR PARTICIPANT, HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Minor Name (print) \_\_\_\_\_ Minor Date of Birth \_\_\_\_\_ ACA # (if any) \_\_\_\_\_

Minor Street Address \_\_\_\_\_ Minor Phone \_\_\_\_\_

Minor City \_\_\_\_\_ Minor State \_\_\_\_\_ Minor Zip \_\_\_\_\_ Minor Email \_\_\_\_\_

Date \_\_\_\_\_ Minor Signature \_\_\_\_\_

**PARENT OR GUARDIAN:** I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF PADDLESPOITS AND RELATED ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Parent/Guardian Name (print) \_\_\_\_\_ Parent/Guardian ACA # (if any) \_\_\_\_\_

P/G Street Address \_\_\_\_\_ P/G Phone \_\_\_\_\_

P/G City \_\_\_\_\_ P/G State \_\_\_\_\_ P/G Zip \_\_\_\_\_ P/G Email \_\_\_\_\_

Date \_\_\_\_\_ Parent / Guardian Signature \_\_\_\_\_

Activity Description \_\_\_\_\_ Sponsoring Org. \_\_\_\_\_ Activity Date \_\_\_\_\_